

Sun

Mon

Tue

Wed

Thu

Fri

Sat

June 2019

Sagepoint Senior Living Services - Adult Day Services
10200 La Plata Road
La Plata, Maryland 20646

1
10:00 B-I-N-G-O
12:45 Sit & Be Fit
1:30 Laugh Out Loud

8
Mary T. Birthday
10:00 B-I-N-G-O
12:45 Balloon Volleyball
1:30 Person, Place or Thing Trivia

15
John S. Birthday
10:00 B-I-N-G-O
12:45 Kickball
1:30 Spelling Bee

22
10:00 Jay Cee's B-I-N-G-O
12:45 Music in Motion
1:30 Word Grid

29
10:00 B-I-N-G-O
12:45 Beach Ball Bounce
1:30 I Spy...

3
10:00 Table Games & Puzzles
12:45 Exercise
1:30 Piggy Bank

4
10:00 Beach Ball Bounce
12:45 Exploring USA—Alabama
1:30 Word Grid

Bowling Outing

5
Bonnie H. Birthday
10:00 Sand Art
12:45 Simon Says
1:30 Would You Rather?

6
10:00 B-I-N-G-O
12:45 Family Feud
1:30 Body in Motion

7
10:30 Team Bowling
12:45 Horse Racing
12:45 Clown Toss
1:30 June Trivialities

10
10:30 Just Saying
12:45 Sit & Be Fit
1:15 United Praise Team

11
Carvell S. Birthday
10:00 What's in Your Lemonade?
12:45 Chair Dancing
1:30 Famous Fathers

12
10:00 Cooking Class
10:00 Spit Spot
12:45 Sit & Be Fit
1:30 Word Games

Lunch Outing

13
10:00 B-I-N-G-O
12:30 Exploring USA—Alaska
1:15 Pass the Pickle

14
Flag Day
10:30 Clown Toss
12:30 Flag Coloring
1:30 Flag Myths and Facts

17
10:00 What Would You Do?
12:45 Body in Motion
1:30 Name that Tune

18
10:00 All About Potatoes
12:45 Parachute Play
1:15 Pretzel Social

19
10:00 Family Feud
12:45 Juneteenth Discussion
1:30 Word-A-Thon

Senior Outing

20
James S. Birthday
10:00 B-I-N-G-O
12:45 You Tube Exercises
1:30 Sing Along

21 Summer Solstice
10:30 Team Bowling
12:30 Movie & Popcorn
1:00 Manicures

24
10:00 Exploring USA—Arizona
12:45 Balloon Volleyball
1:15 United Praise Team

25
10:00 Music in Motion
12:45 Have You Ever...
1:30 Piggy Bank

26
10:00 Chair Exercises
12:45 Trivia
1:15 Birthday Party

27
Veronica W. Birthday
10:00 L.O.C. B-I-N-G-O (D)
10:00 Matching Games
12:30 Charades
1:30 Brain Teasers

28
10:30 Clown Toss
12:30 Summer Days
1:30 Animal Kingdom

Birthstone
Pearl
Flower
Rose

Daily Events:
9:00 Breakfast
11:00 Lunch
12:00 News Review
2:00 Snack
2:30 Relaxation
3:00 Departure

Astrological Signs

Gemini:
21 May - 20 Jun

Cancer
21 Jun—July 21

Red Room (R) Events and Locations are Subject to Change Volunteers Visit Daily