

Sun

Mon

Tue

Wed

Thu

Fri

Sat

# May 2019

Sagepoint Senior Living Services - Unit 200  
10200 La Plata Road  
La Plata, Maryland 20646  
301.934.1900

**1**  
10:10 Sing A Long  
10:50 Sit and Be Fit  
11:20 5 Alive Sensory  
3:30 Moving and Grooving  
4:00 IN2L Timeslips  
4:15 Cognitive Challenge

**2**  
10:10 Sing A Long  
10:50 Sit and Be Fit  
11:20 5 Alive Sensory  
3:30 Moving and Grooving  
4:00 IN2L Short Stories  
4:15 Cognitive Challenge

**3**  
**Joan T. Birthday**  
10:10 Sing A Long  
10:50 Sit and Be Fit  
11:20 5 Alive Sensory  
3:30 Moving and Grooving  
4:00 IN2L Lifelong Learning  
4:15 Cognitive Challenge

**4**  
**Derby Day**  
10:00 CC Four  
Square Church (R)  
  
1:30 Smith and  
Alexander Chapel (R)  
  
2:30 Manicures (A)  
  
**May the 4th be with You**

**5**  
**Cinco de Mayo**  
10:00 Jesus In the  
Morning  
with Harry Days (R)  
  
2:00 La Plata AME (R)

**6**  
10:10 Sing A Long  
10:50 Sit and Be Fit  
11:20 5 Alive Sensory  
3:30 Moving and Grooving  
4:00 IN2L laughter  
4:15 Cognitive Challenge

**7**  
10:10 Sing A Long  
10:50 Sit and Be Fit  
11:20 5 Alive Sensory  
3:30 Moving and Grooving  
4:00 IN2L Penny Postcards  
4:15 Cognitive Challenge

**8**  
**Alicia H. Birthday**  
10:10 Sing A Long  
10:50 Sit and Be Fit  
11:20 5 Alive Sensory  
3:30 Moving and Grooving  
4:00 IN2L Timeslips  
4:15 Cognitive Challenge

**9**  
**Debbie M. & Shelley B. Birthday**  
10:10 Sing A Long  
10:50 Sit and Be Fit  
11:20 5 Alive Sensory  
3:30 Moving and Grooving  
4:00 IN2L Short Stories  
4:15 Cognitive Challenge

**10**  
10:10 Sing A Long  
10:50 Sit and Be Fit  
11:20 5 Alive Sensory  
3:30 Moving and Grooving  
4:00 IN2L Lifelong Learning  
4:15 Cognitive Challenge

**11**  
10:00 Tabernacle of  
Prayer Church (R)  
  
1:30 Temple  
Church (R)  
  
2:30 Manicures (A)

**12**  
**Mother's Day**  
10:00 Jesus In the  
Morning  
with Harry Days (R)  
  
1:30 La Plata United  
Methodist Church (R)

**13**  
10:10 Sing A Long  
10:50 Sit and Be Fit  
11:20 5 Alive Sensory  
3:30 Moving and Grooving  
4:00 IN2L laughter  
4:15 Cognitive Challenge

**14**  
**Woodward M. Birthday**  
10:10 Sing A Long  
10:50 Sit and Be Fit  
11:20 5 Alive Sensory  
3:30 Moving and Grooving  
4:00 IN2L Penny Postcards  
4:15 Cognitive Challenge

**15**  
10:10 Sing A Long  
10:50 Sit and Be Fit  
11:20 5 Alive Sensory  
3:30 Moving and Grooving  
4:00 IN2L Timeslips  
4:15 Cognitive Challenge

**16**  
10:10 Sit and Be Fit  
10:50 Sing A Long  
11:20 5 Alive Sensory  
3:30 Moving and Grooving  
4:00 IN2L Short Stories  
4:15 Cognitive Challenge

**17**  
**John N. & Betty Sams Birthday**  
**Annual Spring Family Picnic**  
**11-1pm**  
**Please RSVP By 5/10**

**18**  
**Barbara L. Birthday**  
**Armed Services Day**  
9:30 House of Bread  
Christian Service (R)  
  
11:00 Waldorf  
Church (R)  
  
2:00 Manicures (A)

**19**  
**Nancy H. Birthday**  
10:00 Jesus In the  
Morning  
with Harry Days (R)  
  
1:30 Calvary United  
Methodist (R)

**20**  
10:10 Sing A Long  
10:50 Sit and Be Fit  
11:20 5 Alive Sensory  
3:30 Moving and Grooving  
4:00 IN2L laughter  
4:15 Cognitive Challenge

**21**  
**Elnora T. Birthday**  
10:10 Sing A Long  
10:50 Sit and Be Fit  
11:20 5 Alive Sensory  
3:30 Moving and Grooving  
4:00 IN2L Penny Postcards  
4:15 Cognitive Challenge

**22**  
10:10 Sing A Long  
10:50 Sit and Be Fit  
11:20 5 Alive Sensory  
3:30 Moving and Grooving  
4:00 IN2L Timeslips  
4:15 Cognitive Challenge

**23**  
**Roberta H. Birthday**  
10:10 Sing A Long  
10:50 Sit and Be Fit  
11:20 5 Alive Sensory  
3:30 Moving and Grooving  
4:00 IN2L Short Stories  
4:15 Cognitive Challenge

**24**  
**Porter H. Birthday**  
10:10 Sing A Long  
10:50 Sit and Be Fit  
11:20 5 Alive Sensory  
3:30 Moving and Grooving  
4:00 IN2L Lifelong Learning  
4:15 Cognitive Challenge

**25**  
10:00 Manicures (A)  
  
1:15 Patio Social (O)  
  
2:30 Home for  
Christ Church (R)

**26**  
**Mary S. Birthday**  
10:00 Jesus In the  
Morning  
with Harry Days (R)  
  
2:00 20 Questions (R)

**27**  
**CiCi K. Birthday**  
10:10 Sing A Long  
10:50 Sit and Be Fit  
11:20 5 Alive Sensory  
3:30 Moving and Grooving  
4:00 IN2L laughter  
4:15 Cognitive Challenge

**28**  
10:10 Sing A Long  
10:50 Sit and Be Fit  
11:20 5 Alive Sensory  
3:30 Moving and Grooving  
4:00 IN2L Penny Postcards  
4:15 Cognitive Challenge

**29**  
10:10 Sing A Long  
10:50 Sit and Be Fit  
11:20 5 Alive Sensory  
3:30 Moving and Grooving  
4:00 IN2L Timeslips  
4:15 Cognitive Challenge

**30**  
**James W. & Thelma H. Birthday**  
10:10 Sing A Long  
10:50 Sit and Be Fit  
11:20 5 Alive Sensory  
3:30 Moving and Grooving  
4:00 IN2L Short Stories  
4:15 Cognitive Challenge

**31**  
10:10 Sing A Long  
10:50 Sit and Be Fit  
11:20 5 Alive Sensory  
3:30 Moving and Grooving  
4:00 IN2L Lifelong Learning  
4:15 Cognitive Challenge

Birthstone: Emerald  
Flower: Lily of the Valley  
Astrological Signs  
Taurus:  
20 April - 20 May  
Gemini:  
21 May - 20 June

**Red Room (R) Dining Room (D) Unit Day Area (U) Facility Wide (FW) Unit to Unit (U to U) Outdoors (O)**  
**Communion Delivered Weekly/Events and Locations are Subject to Change/Volunteers Visit Daily**