

Sun**Mon****Tue****Wed****Thu****Fri****Sat**

March 2019

Sagepoint Senior Living Services - Unit 200
 10200 La Plata Road
 La Plata, Maryland 20646
 301.934.1900

1
 10:10 Sit and Be Fit
 10:50 Sing A Long
 11:20 5 Alive Sensory
 3:30 Moving and Grooving
 4:00 IN2L Lifelong Learning
 4:15 Cognitive Challenge

2
 10:00 CC Four
 Square Church (R)
 1:30 Smith and
 Alexander Chapel (R)
 2:30 Sharron's Studio
 of Dance (R)

3
 10:00 Jesus In the
 Morning
 with Harry Days (R)
 2:00 La Plata AME (R)

4
 10:10 Sit and Be Fit
 10:50 Sing A Long
 11:20 5 Alive Sensory
 3:30 Moving and Grooving
 4:00 IN2L laughter
 4:15 Cognitive Challenge

5
 10:10 Sit and Be Fit
 10:50 Sing A Long
 11:20 5 Alive Sensory
 3:30 Moving and Grooving
 4:00 IN2L Penny Postcards
 4:15 Cognitive Challenge

6
 10:10 Sit and Be Fit
 10:50 Sing A Long
 11:20 5 Alive Sensory
 3:30 Moving and Grooving
 4:00 IN2L Timeslips
 4:15 Cognitive Challenge

7
 10:10 Sit and Be Fit
 10:50 Sing A Long
 11:20 5 Alive Sensory
 3:30 Moving and Grooving
 4:00 IN2L Short Stories
 4:15 Cognitive Challenge

8
 10:10 Sit and Be Fit
 10:50 Sing A Long
 11:20 5 Alive Sensory
 3:30 Moving and Grooving
 4:00 IN2L Lifelong Learning
 4:15 Cognitive Challenge

9
 10:00 Tabernacle of
 Prayer Church (R)
 1:30 Temple
 Church (R)
 2:30 Manicures (A)

10
 10:00 Jesus In the
 Morning
 with Harry Days (R)
 1:30 La Plata United
 Methodist Church (R)

11
 10:10 Sit and Be Fit
 10:50 Sing A Long
 11:20 5 Alive Sensory
 3:30 Moving and Grooving
 4:00 IN2L laughter
 4:15 Cognitive Challenge

12
 10:10 Sit and Be Fit
 10:50 Sing A Long
 11:20 5 Alive Sensory
 3:30 Moving and Grooving
 4:00 IN2L Penny Postcards
 4:15 Cognitive Challenge

13
 10:10 Sit and Be Fit
 10:50 Sing A Long
 11:20 5 Alive Sensory
 3:30 Moving and Grooving
 4:00 IN2L Timeslips
 4:15 Cognitive Challenge

14
 10:10 Sit and Be Fit
 10:50 Sing A Long
 11:20 5 Alive Sensory
 3:30 Moving and Grooving
 4:00 IN2L Short Stories
 4:15 Cognitive Challenge

15
 10:10 Sit and Be Fit
 10:50 Sing A Long
 11:20 5 Alive Sensory
 3:30 Moving and Grooving
 4:00 IN2L Lifelong Learning
 4:15 Cognitive Challenge

16
 9:30 House of Bread
 Christian Service (R)
 11:00 Waldorf
 Church (R)
 2:00 Manicures (A)

17
 10:00 Jesus In the
 Morning
 with Harry Days (R)
 2:00 Calvary United
 Methodist (R)

18
 10:10 Sit and Be Fit
 10:50 Sing A Long
 11:20 5 Alive Sensory
 3:30 Moving and Grooving
 4:00 IN2L laughter
 4:15 Cognitive Challenge

19
 10:10 Sit and Be Fit
 10:50 Sing A Long
 11:20 5 Alive Sensory
 3:30 Moving and Grooving
 4:00 IN2L Penny Postcards
 4:15 Cognitive Challenge

20
 10:10 Sit and Be Fit
 10:50 Sing A Long
 11:20 5 Alive Sensory
 3:30 Moving and Grooving
 4:00 IN2L Timeslips
 4:15 Cognitive Challenge

21
 10:10 Sit and Be Fit
 10:50 Sing A Long
 11:20 5 Alive Sensory
 3:30 Moving and Grooving
 4:00 IN2L Short Stories
 4:15 Cognitive Challenge

22
 10:10 Sit and Be Fit
 10:50 Sing A Long
 11:20 5 Alive Sensory
 3:30 Moving and Grooving
 4:00 IN2L Lifelong Learning
 4:15 Cognitive Challenge

23
 10:00 Jay Cee's
 BINGO (D)
 1:15 Manicures (A)
 2:30 Home for
 Christ Church (R)

24
 10:00 Jesus In the
 Morning
 with Harry Days (R)
 2:00 20 Questions (R)

25
 10:10 Sit and Be Fit
 10:50 Sing A Long
 11:20 5 Alive Sensory
 3:30 Moving and Grooving
 4:00 IN2L laughter
 4:15 Cognitive Challenge

26
 10:10 Sit and Be Fit
 10:50 Sing A Long
 11:20 5 Alive Sensory
 3:30 Moving and Grooving
 4:00 IN2L Penny Postcards
 4:15 Cognitive Challenge

27
 10:10 Sit and Be Fit
 10:50 Sing A Long
 11:20 5 Alive Sensory
 3:30 Moving and Grooving
 4:00 IN2L Timeslips
 4:15 Cognitive Challenge

28
 10:10 Sit and Be Fit
 10:50 Sing A Long
 11:20 5 Alive Sensory
 3:30 Moving and Grooving
 4:00 IN2L Short Stories
 4:15 Cognitive Challenge

29
 10:10 Sit and Be Fit
 10:50 Sing A Long
 11:20 5 Alive Sensory
 3:30 Moving and Grooving
 4:00 IN2L Lifelong Learning
 4:15 Cognitive Challenge

30
 10:00 Word Scramble (R)
 1:15 Manicures (A)
 1:30 Movie Matinee (R)

31
 10:00 Jesus In the
 Morning
 with Harry Days (R)
 2:00 Fact or Fiction (R)

**Red Room (R) Dining Room (D) Unit Day Area (U) Facility Wide (FW) Unit to Unit (U to U) Outdoors (O)
 Communion Delivered Weekly/Events and Locations are Subject to Change/Volunteers Visit Daily**