

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<h1>March 2019</h1> <p>Sagepoint Senior Living Services - Adult Day Services 10200 La Plata Road La Plata, Maryland 20646 301.934.1900</p>					1 10:30 Clown Toss 12:45 Horse Racing 1:15 March Trivia	2 10:00 B-I-N-G-O 12:45 Sit & Be Fit 1:30 Dr. Seuss Day Facts
David S. Birthday <u>Birthstone</u> Aquamarine <u>Flower</u> Daffodil	4 10:00 I Spy... 12:45 The Game of Freeze 1:15 Hot Tea & Cocoa Social	5 Kenneth B. Birthday Mardi Gras 10:00 Table Games 12:45 Mardi Gras Facts 1:15 Mardi Social	6 Ash Wednesday 10:00 Cooking Class 10:00 Observing lent Facts 12:45 Reminiscing 1:15 Hot Potato	7 Crystal C. Birthday 10:00 B-I-N-G-O 12:45 Grace Lutheran 1:15 File 13 Exercises	8 10:30 Team Bowling 12:30 Horse Racing 1:15 A My Name Trivia <u>Bert's Lunch Outing</u>	9 10:00 B-I-N-G-O 12:45 Sit & Be Fit 1:30 Proverbs Trivia
<u>Daily Events:</u> 9:00 Breakfast 11:00 Lunch 12:00 News Review 2:00 Snack 2:30 Relaxation 3:00 Departure	11 10:30 Kickball 12:45 Pictionary 1:15 United Praise Team	12 Carolyn L. Birthday 10:00 Sit and Be Fit 12:45 Irish - American Heritage History 1:15 March Madness!!!	13 10:00 Crafts 11:00 Catholic Mass (R) 12:45 Billboard Trivia 1:15 Parachute Exercise <u>Movie Outing</u>	14 10:00 B-I-N-G-O 12:30 Balloon Bounce 1:15 Popcorn Lovers Day Social	15 Felice M. Birthday 10:30 Clown Toss 12:45 Horse Racing 1:15 You be the Judge?	16 10:00 B-I-N-G-O 12:45 Sit & Be Fit 1:30 Opposites Trivia
<u>Astrological Signs</u> <u>Pisces</u> 20 Feb - 20 March <u>Aries</u> 21 March - 19 April	18 10:00 Port Tobacco Players (R) 12:45 St. Patrick Facts 1:30 St. Paddy's Day Celebration	19 John S. & Raymond R. Birthday 10:00 Crafts 12:45 Ball Brawl 1:30 In the year...	20 1st Day of Spring 10:00 Cooking Class 10:00 Spring Trivia 12:45 Pleasant Pastimes 1:15 Spring Root beer Float Social	21 Purim 10:00 B-I-N-G-O 12:45 Grace Lutheran 1:15 Simon Says	22 Cathy S. Birthday 10:30 Team Bowling 12:30 Horse Racing 1:15 Hangman	23 10:00 Jaycees Bingo (D) 12:45 Sit & Be Fit 1:30 Fact or Fiction?
Red Room (R) Events and Locations are Subject to Change Volunteers Visit Daily	25 10:00 Animal Antics 12:45 Spelling Bee 1:15 United Praise Team	26 Michael S. Birthday 10:00 Sit and Be Fit 12:45 When I was.... 1:15 Birthday Party	27 10:00 Crafts 11:00 Catholic Mass (R) 12:45 Group Activity Satisfaction Discussion 1:15 Parachute Exercise	28 Florentina M. Birthday 10:00 L.O.C. B-I-N-G-O 12:30 Charades 1:15 20 Questions	29 10:30 Clown Toss 12:45 Horse Racing 1:15 Month In Review	30 10:00 B-I-N-G-O 12:45 Sit & Be Fit 1:30 Doctor Appreciation Discussion