

Sun

Mon

Tue

Wed

Thu

Fri

Sat

February 2019

Sagepoint Senior Living Services - Unit 200
10200 La Plata Road
La Plata, Maryland 20646
301.934.1900

1
10:00 5 Alive Sensory
10:40 Snack Bar & Bible Study
10:55 Exercise
11:15 IN2L Lifelong Learning
2:00 Sing Along
2:30 IN2L Timeslips
3:00 Café Corner
3:30 Exercise
3:45 IN2L Laughter
4:15 Cognitive Challenge

2
Groundhog Day
10:00 CC Four
Square Church (R)

1:30 Smith and
Alexander Chapel (R)

2:30 Manicures (N)

3
10:00 Jesus In the
Morning
with Harry Days (R)

2:00 La Plata AME (R)

**6:30pm - CBS
Super Bowl LIII
Patriots vs. Rams**

4 Shelby B. Birthday
10:00 5 Alive Sensory
10:40 Snack Bar & Bible Study
10:55 Exercise
11:15 IN2L Lifelong Learning
2:00 Sing Along
2:30 IN2L Timeslips
3:00 Café Corner
3:30 Exercise
3:45 IN2L laughter
4:15 Cognitive Challenge

5
10:00 5 Alive Sensory
10:40 Snack Bar & Bible Study
10:55 Exercise
11:15 IN2L Penny Postcards
2:00 Belly Laughs/Short Stories
2:30 IN2L Lifelong Learning
3:00 Café Corner
3:30 Exercise
3:45 IN2L Penny Postcards
4:15 Cognitive Challenge

6
10:00 5 Alive Sensory
10:40 Snack Bar & Bible Study
10:55 Exercise
11:15 IN2L Lifelong Learning
2:00 Sing Along
2:30 IN2L Timeslips
3:00 Café Corner
3:30 Exercise
3:45 IN2L Laughter
4:15 Cognitive Challenge

7
10:00 5 Alive Sensory
10:40 Snack Bar & Bible Study
10:55 Exercise
11:15 IN2L Penny Postcards
2:00 Belly Laughs/Short Stories
2:30 IN2L Lifelong Learning
3:00 Café Corner
3:30 Exercise
3:45 IN2L Penny Postcards
4:15 Cognitive Challenge

8 Flo W. & Michael F. Birthday
10:00 5 Alive Sensory
10:40 Snack Bar & Bible Study
10:55 Exercise
11:15 IN2L Lifelong Learning
2:00 Sing Along
2:30 IN2L Timeslips
3:00 Café Corner
3:30 Exercise
3:45 IN2L Laughter
4:15 Cognitive Challenge

9 Myrtle E. Birthday
10:00 Tabernacle of
Prayer Church (R)
1:30 Temple
Church (R)
2:30 Manicures (N)
**9th President
William Harrison
Born 1773**

10
10:00 Jesus In the
Morning
with Harry Days (R)

1:30 La Plata United
Methodist Church (R)

11 Alice T. Birthday
10:00 5 Alive Sensory
10:40 Snack Bar & Bible Study
10:55 Exercise
11:15 IN2L Lifelong Learning
2:00 Sing Along
2:30 IN2L Timeslips
3:00 Café Corner
3:30 Exercise
3:45 IN2L Laughter
4:15 Cognitive Challenge

12 Cecelia Y. 100th Birthday
10:00 5 Alive Sensory
10:40 Snack Bar & Bible Study
10:55 Exercise
11:15 IN2L Penny Postcards
2:00 Belly Laughs/Short Stories
2:30 IN2L Lifelong Learning
3:00 Café Corner
3:30 Exercise
3:45 IN2L Penny Postcards
4:15 Cognitive Challenge

13 Charles B. Birthday
10:00 5 Alive Sensory
10:40 Snack Bar & Bible Study
10:55 Exercise
11:15 IN2L Lifelong Learning
2:00 Sing Along
2:30 IN2L Timeslips
3:00 Café Corner
3:30 Exercise
3:45 IN2L Laughter
4:15 Cognitive Challenge

14 Valentine's Day
10:00 5 Alive Sensory
10:40 Snack Bar & Bible Study
10:55 Exercise
11:15 IN2L Penny Postcards
2:00 Belly Laughs/Short Stories
2:30 IN2L Lifelong Learning
3:00 Café Corner
3:30 Exercise
3:45 IN2L Penny Postcards
4:15 Cognitive Challenge

15 Naomi S. Birthday
10:00 5 Alive Sensory
10:40 Snack Bar & Bible Study
10:55 Exercise
11:15 IN2L Lifelong Learning
2:00 Sing Along
2:30 IN2L Timeslips
3:00 Café Corner
3:30 Exercise
3:45 IN2L Laughter
4:15 Cognitive Challenge

16 Betty R. & James T. Birthday
9:30 House of Bread
Christian Service (R)

11:00 Waldorf
Church (R)

2:00 Manicures (N)

17
10:00 Jesus In the
Morning
with Harry Days (R)

2:00 Calvary United
Methodist (R)

18 Osmany P. Birthday President's Day
10:00 5 Alive Sensory
10:40 Snack Bar & Bible Study
10:55 Exercise
11:15 IN2L Lifelong Learning
2:00 Sing Along
2:30 IN2L Timeslips
3:00 Café Corner
3:30 Exercise
3:45 IN2L Laughter
4:15 Cognitive Challenge

19
10:00 5 Alive Sensory
10:40 Snack Bar & Bible Study
10:55 Exercise
11:15 IN2L Penny Postcards
2:00 Belly Laughs/Short Stories
2:30 IN2L Lifelong Learning
3:00 Café Corner
3:30 Exercise
3:45 IN2L Penny Postcards
4:15 Cognitive Challenge

20
10:00 5 Alive Sensory
10:40 Snack Bar & Bible Study
10:55 Exercise
11:15 IN2L Lifelong Learning
2:00 Sing Along
2:30 IN2L Timeslips
3:00 Café Corner
3:30 Exercise
3:45 IN2L Laughter
4:15 Cognitive Challenge

21
10:00 5 Alive Sensory
10:40 Snack Bar & Bible Study
10:55 Exercise
11:15 IN2L Penny Postcards
2:00 Belly Laughs/Short Stories
2:30 IN2L Lifelong Learning
3:00 Café Corner
3:30 Exercise
3:45 IN2L Penny Postcards
4:15 Cognitive Challenge

22
10:00 5 Alive Sensory
10:40 Snack Bar & Bible Study
10:55 Exercise
11:15 IN2L Lifelong Learning
2:00 Sing Along
2:30 IN2L Timeslips
3:00 Café Corner
3:30 Exercise
3:45 IN2L Laughter
4:15 Cognitive Challenge

23
10:00 Jay Cee's
BINGO (D)

1:15 Manicures (N)

2:30 Home for
Christ Church (R)

24
10:00 Jesus In the
Morning
with Harry Days (R)
2:00 Would you
Rather? (R)

**8pm - ABC
91st Academy Awards**

25
10:00 5 Alive Sensory
10:40 Snack Bar & Bible Study
10:55 Exercise
11:15 IN2L Lifelong Learning
2:00 Sing Along
2:30 IN2L Timeslips
3:00 Café Corner
3:30 Exercise
3:45 IN2L Laughter
4:15 Cognitive Challenge

26
10:00 5 Alive Sensory
10:40 Snack Bar & Bible Study
10:55 Exercise
11:15 IN2L Penny Postcards
2:00 Belly Laughs/Short Stories
2:30 IN2L Lifelong Learning
3:00 Café Corner
3:30 Exercise
3:45 IN2L Penny Postcards
4:15 Cognitive Challenge

27 John P. Birthday
10:00 5 Alive Sensory
10:40 Snack Bar & Bible Study
10:55 Exercise
11:15 IN2L Lifelong Learning
2:00 Sing Along
2:30 IN2L Timeslips
3:00 Café Corner
3:30 Exercise
3:45 IN2L Laughter
4:15 Cognitive Challenge

28
10:00 5 Alive Sensory
10:40 Snack Bar & Bible Study
10:55 Exercise
11:15 IN2L Penny Postcards
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3:30 Exercise
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**Birthstone: Amethyst
Flower: Violet
Astrological Signs
Aquarius: 21 Jan - 19 Feb
Pisces: 20 Feb - 20 March**

**Red Room (R) Dining Room (D) Unit Day Area (U) Facility Wide (FW) Unit to Unit (U to U) Outdoors (O)
Communion Delivered Weekly/Events and Locations are Subject to Change/Volunteers Visit Daily**