

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
<h1>February 2019</h1> <p>Sagepoint Senior Living Services - Adult Day Services            10200 La Plata Road            La Plata, Maryland 20646            301.934.1900</p>						<b>1</b> National Freedom Day National Wear Red Day 10:30 Clown Toss 12:45 Horse Racing 1:15 Trivia	<b>2</b> Groundhog Day 10:00 B-I-N-G-O 12:45 Sit & Be Fit 1:30 Hangman
<b>Birthstone</b> <b>Amethyst</b> <b>Flower</b> <b>Violet</b>	<b>4</b> 10:00 Who is Rosa Parks? 12:45 The Game of Freeze 1:15 Hot Tea & Cocoa Social <b>Rosa Parks</b> <b>Born 1913</b>	<b>5</b> <b>Chinese New Year</b> <b>Year of the Pig</b> 10:00 Table Games 12:45 20 Questions 1:15 Imitations Game	<b>6</b> 10:00 Cooking Class 10:00 Trivia 12:45 Reminiscing 1:15 Hot Potato  <b>40th President</b> <b>Ronald Regan</b> <b>Born 1911</b>	<b>7</b> 10:00 B-I-N-G-O 12:45 Grace Lutheran 1:15 File 13 Exercises  <b>Charles Dickens</b> <b>Born 1812</b>	<b>8</b> 10:30 Team Bowling 12:30 Horse Racing 1:15 Trials of the Oreo	<b>9</b> 10:00 B-I-N-G-O 12:45 Sit & Be Fit 1:30 Heart Health Discussion  <b>9th President</b> <b>William Harrison</b> <b>Born 1773</b>	
<b>Daily Events:</b> 9:00 Breakfast 11:00 Lunch 12:00 News Review 2:00 Snack 2:30 Relaxation 3:00 Departure	<b>11</b> 10:30 Kickball 12:45 Thomas Edison's Contributions to Society <b>1:15 United Praise Team</b>  <b>Thomas Edison</b>	<b>12 Lunch Outing</b> 10:00 Crafts 12:45 Abe's Story <b>1:15 Parachute Exercise</b>  <b>16th President</b> <b>Abraham Lincoln</b> <b>Born 1809</b>	<b>13</b> 10:00 Sit and Be Fit 11:00 Catholic Mass (R) 12:45 Black History Month Discussion 1:15 Group Activity Satisfaction Discussion	<b>14</b> <b>Valentines Day</b> 10:00 B-I-N-G-O 12:30 Valentine's Day History/Facts 1:15 Valentine's Party  <b>Saint Valentine of Rome</b>	<b>15</b> <b>Waqar M Birthday</b> 10:30 Clown Toss 12:45 Horse Racing 1:15 History's Impact: Susan B. Anthony  <b>Susan B Anthony</b> <b>Born 1820</b>	<b>16</b> 10:00 B-I-N-G-O 12:45 Sit & Be Fit 1:30 Opposites Trivia	
<b>Astrological Signs</b>  <b>Aquarius</b> 21 Jan - 19 Feb <b>Pisces</b> 20 Feb - 20 March	<b>18</b> <b>David W. Birthday</b> <b>Presidents Day</b> 10:00 Port Tobacco Players (R) 12:45 President Facts 1:15 Animal Antics	<b>19</b> 10:00 Crafts 12:45 Ball Brawl 1:30 Pizza Party	<b>20</b> 10:00 Cooking Class 10:00 Trivia 12:45 Pleasant Pastimes 1:15 Volleyball	<b>21</b> 10:00 B-I-N-G-O 12:45 Grace Lutheran 1:15 Simon Says	<b>22</b> 10:30 Clown Toss 12:45 Horse Racing 1:15 Our 1st President Discussion <b>1st President</b> <b>George Washington</b> <b>Born 1732</b>	<b>23</b> 10:00 Jaycees Bingo (D) 12:45 Sit & Be Fit 1:30 Fact or Fiction?	
<b>Red Room (R) Events and Locations are Subject to Change</b> <b>Volunteers Visit Daily</b>	<b>25</b> 10:00 Snow Ball Fight 12:45 Spelling Bee <b>1:15 United Praise Team</b>	<b>26</b> 10:00 Crafts 12:45 When I was.... <b>1:15 Parachute Exercise</b>	<b>27</b> 10:00 Sit and Be Fit 11:00 Catholic Mass (R) 12:45 Spotlight: Elizabeth Taylor 1:15 Birthday Party  <b>Elizabeth Taylor</b> <b>Born 1932</b>	<b>28</b> 10:00 L.O.C. B-I-N-G-O 12:30 Skee Ball 1:15 Month In Review	<b>NOTES:</b> <hr/> <hr/> <hr/> <hr/> <hr/>		