January 2019

Sagepoint Senior Living Services
Unit 200
10200 La Plata Road
La Plata, Maryland 20646
301.934.1900

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 New Years Day 10:00 5 Alive Sensory 10:40 Snack Bar & Bible Study 10:55 Exercise 11:15 IN2L Penny Postcards 2:00 Belly Laughs/Short Stories 2:30 IN2L Lifelong Learning 3:00 Café Corner 3:30 Exercise 3:45 IN2L Penny Postcards 4:15 Cognitive Challenge	**2 Phyllis W. Birthday** 10:00 5 Alive Sensory 10:40 Snack Bar & Bible Study 10:55 Exercise 11:15 IN2L Lifelong Learning 2:00 Sing Along 2:30 IN2L Timeslips 3:00 Café Corner 3:30 Exercise 3:45 IN2L laugher 4:15 Cognitive Challenge	**3** 10:00 5 Alive Sensory 10:40 Snack Bar & Bible Study 10:55 Exercise 11:15 IN2L Penny Postcards 2:00 Belly Laughs/Short Stories 2:30 IN2L Lifelong Learning 3:00 Café Corner 3:30 Exercise 3:45 IN2L Penny Postcards 4:15 Cognitive Challenge	**4** 10:00 5 Alive Sensory 10:40 Snack Bar & Bible Study 10:55 Exercise 11:15 IN2L Lifelong Learning 2:00 Sing Along 2:30 IN2L Timeslips 3:00 Café Corner 3:30 Exercise 3:45 IN2L laugher 4:15 Cognitive Challenge	**5** 10:00 CC Four Square Church (R) 1:30 Smith and Alexander Chapel (R) 2:30 Manicures (N)
6 **Betty V. Birthday** 10:00 Jesus In the Morning with Harry Days (R) 2:00 La Plata AME (R)	**7** 10:00 5 Alive Sensory 10:40 Snack Bar & Bible Study 10:55 Exercise 11:15 IN2L Lifelong Learning 2:00 Sing Along 2:30 IN2L Timeslips 3:00 Café Corner 3:30 Exercise 3:45 IN2L laugher 4:15 Cognitive Challenge	**8 Mary H. Birthday** 10:00 5 Alive Sensory 10:40 Snack Bar & Bible Study 10:55 Exercise 11:15 IN2L Penny Postcards 2:00 Belly Laughs/Short Stories 2:30 IN2L Lifelong Learning 3:00 Café Corner 3:30 Exercise 3:45 IN2L Penny Postcards 4:15 Cognitive Challenge	**9** 10:00 5 Alive Sensory 10:40 Snack Bar & Bible Study 10:55 Exercise 11:15 IN2L Lifelong Learning 2:00 Sing Along 2:30 IN2L Timeslips 3:00 Café Corner 3:30 Exercise 3:45 IN2L laugher 4:15 Cognitive Challenge	**10** 10:00 5 Alive Sensory 10:40 Snack Bar & Bible Study 10:55 Exercise 11:15 IN2L Penny Postcards 2:00 Belly Laughs/Short Stories 2:30 IN2L Lifelong Learning 3:00 Café Corner 3:30 Exercise 3:45 IN2L Penny Postcards 4:15 Cognitive Challenge	**11** 10:00 5 Alive Sensory 10:40 Snack Bar & Bible Study 10:55 Exercise 11:15 IN2L Lifelong Learning 2:00 Sing Along 2:30 IN2L Timeslips 3:00 Café Corner 3:30 Exercise 3:45 IN2L laugher 4:15 Cognitive Challenge	**12** 10:00 Tabernacle of Prayer Church (R) 1:30 Temple Church (R) 2:30 Manicures (A)
13 **Rose C. & Rosetta B. Birthday** 10:00 Jesus In the Morning with Harry Days (R) 1:30 La Plata United Methodist Church (R)	**14** 10:00 5 Alive Sensory 10:40 Snack Bar & Bible Study 10:55 Exercise 11:15 IN2L Lifelong Learning 2:00 Sing Along 2:30 IN2L Timeslips 3:00 Café Corner 3:30 Exercise 3:45 IN2L laugher 4:15 Cognitive Challenge	**15 Peggy J. Birthday** 10:00 5 Alive Sensory 10:40 Snack Bar & Bible Study 10:55 Exercise 11:15 IN2L Penny Postcards 2:00 Belly Laughs/Short Stories 2:30 IN2L Lifelong Learning 3:00 Café Corner 3:30 Exercise 3:45 IN2L Penny Postcards 4:15 Cognitive Challenge	**16** 10:00 5 Alive Sensory 10:40 Snack Bar & Bible Study 10:55 Exercise 11:15 IN2L Lifelong Learning 2:00 Sing Along 2:30 IN2L Timeslips 3:00 Café Corner 3:30 Exercise 3:45 IN2L laugher 4:15 Cognitive Challenge	**17** 10:00 5 Alive Sensory 10:40 Snack Bar & Bible Study 10:55 Exercise 11:15 IN2L Penny Postcards 2:00 Belly Laughs/Short Stories 2:30 IN2L Lifelong Learning 3:00 Café Corner 3:30 Exercise 3:45 IN2L Penny Postcards 4:15 Cognitive Challenge	**18** 10:00 5 Alive Sensory 10:40 Snack Bar & Bible Study 10:55 Exercise 11:15 IN2L Lifelong Learning 2:00 Sing Along 2:30 IN2L Timeslips 3:00 Café Corner 3:30 Exercise 3:45 IN2L laugher 4:15 Cognitive Challenge	**19** **Weezie M. & Elsie H. Birthday** 9:30 House of Bread Christian Service (R) 11:00 Waldorf Church (R) 2:00 Manicures (N)
20 **Brenda J. Birthday** 10:00 Jesus In the Morning with Harry Days (R) 2:00 Calvary United Methodist (R)	**21 Martin Luther King Jr. Day** 10:00 5 Alive Sensory 10:40 Snack Bar & Bible Study 10:55 Exercise 11:15 IN2L Lifelong Learning 2:00 Sing Along 2:30 IN2L Timeslips 3:00 Café Corner 3:30 Exercise 3:45 IN2L laugher 4:15 Cognitive Challenge	**22** 10:00 5 Alive Sensory 10:40 Snack Bar & Bible Study 10:55 Exercise 11:15 IN2L Penny Postcards 2:00 Belly Laughs/Short Stories 2:30 IN2L Lifelong Learning 3:00 Café Corner 3:30 Exercise 3:45 IN2L Penny Postcards 4:15 Cognitive Challenge	**23** 10:00 5 Alive Sensory 10:40 Snack Bar & Bible Study 10:55 Exercise 11:15 IN2L Lifelong Learning 2:00 Sing Along 2:30 IN2L Timeslips 3:00 Café Corner 3:30 Exercise 3:45 IN2L laugher 4:15 Cognitive Challenge	**24** 10:00 5 Alive Sensory 10:40 Snack Bar & Bible Study 10:55 Exercise 11:15 IN2L Penny Postcards 2:00 Belly Laughs/Short Stories 2:30 IN2L Lifelong Learning 3:00 Café Corner 3:30 Exercise 3:45 IN2L Penny Postcards 4:15 Cognitive Challenge	**25** 10:00 5 Alive Sensory 10:40 Snack Bar & Bible Study 10:55 Exercise 11:15 IN2L Lifelong Learning 2:00 Sing Along 2:30 IN2L Timeslips 3:00 Café Corner 3:30 Exercise 3:45 IN2L laugher 4:15 Cognitive Challenge	**26** **Fred H. Birthday** 10:00 Jay Cee's BINGO (D) 1:15 Manicures (A) 2:30 Home for Christ Church (R)
27 **Alice K. Birthday** 10:00 Jesus In the Morning with Harry Days (R) 2:00 Would you Rather? (R)	**28** 10:00 5 Alive Sensory 10:40 Snack Bar & Bible Study 10:55 Exercise 11:15 IN2L Lifelong Learning 2:00 Sing Along 2:30 IN2L Timeslips 3:00 Café Corner 3:30 Exercise 3:45 IN2L laugher 4:15 Cognitive Challenge	**29** 10:00 5 Alive Sensory 10:40 Snack Bar & Bible Study 10:55 Exercise 11:15 IN2L Penny Postcards 2:00 Belly Laughs/Short Stories 2:30 IN2L Lifelong Learning 3:00 Café Corner 3:30 Exercise 3:45 IN2L Penny Postcards 4:15 Cognitive Challenge	**30** 10:00 5 Alive Sensory 10:40 Snack Bar & Bible Study 10:55 Exercise 11:15 IN2L Lifelong Learning 2:00 Sing Along 2:30 IN2L Timeslips 3:00 Café Corner 3:30 Exercise 3:45 IN2L laugher 4:15 Cognitive Challenge	**31** 10:00 5 Alive Sensory 10:40 Snack Bar & Bible Study 10:55 Exercise 11:15 IN2L Penny Postcards 2:00 Belly Laughs/Short Stories 2:30 IN2L Lifelong Learning 3:00 Café Corner 3:30 Exercise 3:45 IN2L Penny Postcards 4:15 Cognitive Challenge		

Red Room (R) Dining Room (D) Unit Day Area (U) Facility Wide (FW) Unit to Unit (U to U) Outdoors (O)
Communion Delivered Weekly/Events and Locations are Subject to Change/Volunteers Visit Daily