

Sun

Mon

Tue

Wed

Thu

Fri

Sat

# December 2018

Sagepoint Senior Living Services  
Adult Day Services - Special Needs Unit  
10200 La Plata Road  
La Plata, Maryland 20646  
301.934.1900

**1**  
10:00 B-I-N-G-O  
12:45 Sit & Be Fit  
1:30 Fact or Fiction?

NOTES:

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**3**  
10:00 5 Alive  
12:45 Manicures  
1:30 Laughter is the Best RX

**4**  
10:00 Bible Study  
12:45 Moving and Grooving Hand Over Hand ROM  
1:30 Balloon Swat

**5**  
10:30 5 Alive  
12:45 Short Stories  
1:30 Colors and Sounds

**6**  
10:00 Warm Towel  
Hot Potato  
12:45 Grace Lutheran  
1:30 Sing Along Tunes

**7**  
10:00 5 Alive  
12:45 Hand Rubs  
1:30 Lights and Sounds

**8**  
10:00 B-I-N-G-O  
12:45 Sit & Be Fit  
1:30 Would you Rather?

**Birthstone**  
Turquoise  
**Flower**  
Holly

**10**  
**Russell B. Birthday**  
10:00 Hand over Hand Basket Toss  
12:45 Manicures  
**1:30 United Praise Team**

**11**  
10:00 Bible Study  
12:45 5 Alive  
1:00 Christmas with Short Cut Sunny

**12**  
10:00 5 Alive  
12:45 Tactile Textures  
1:30 Name that Tune

**13**  
10:00 Categories  
12:45 Familiar Notes  
1:00 DJ Dance Party

**14**  
10:00 5 Alive  
12:30 Short Stories  
1:30 Music and Motion

**15**  
10:00 B-I-N-G-O  
12:45 Sit & Be Fit  
1:30 Trivial Pursuit

**Cassy M. Birthday**  
**Astrological Signs**  
**Sagittarius**  
Nov 22 - Dec 21  
  
**Capricorn**  
Dec 22 - Jan 19

**17**  
10:00 Port Tobacco Players (R)  
12:45 Manicures  
1:15 Belly Laughs

**18**  
10:00 Bible Study  
12:45 Music Mayhem  
1:30 Beach Ball Brawl

**19**  
10:00 5 Alive  
12:45 Short Stories  
1:15 Birthday Party

**20**  
**Tyron M Birthday**  
10:00 Greeting the Day  
12:45 Grace Lutheran  
1:30 5 Alive

**21**  
**Sheila T. Birthday**  
10:00 5 Alive  
12:45 Over/Under  
1:00 Christmas Party

**22**  
10:00 Jaycees Bingo (D)  
12:45 Sit & Be Fit  
1:30 Billboard Trivia

**Daily Events:**  
9:00 Breakfast  
11:00 Lunch  
12:00 News Review  
2:00 Snack  
2:30 Relaxation  
3:00 Departure

**24** Edgar A. Birthday  
10:00 5 Alive  
12:45 Manicures  
1:30 United Praise Team  
  
**31** New Years Eve  
10:00 5 Alive  
12:45 Sing A- Long  
1:00 New Year's Eve Party

**25**  
**Katie S. Birthday**  
**Merry Christmas**

**26**  
10:00 5 Alive  
12:45 Hand over Hand  
1:30 Familiar Melodies

**27**  
10:00 Greeting the Day  
12:45 Grace Lutheran  
1:30 5 Alive

**28**  
10:00 5 Alive  
12:45 Balloon Swat  
1:30 Tactile Textures

**29**  
10:00 Jaycees Bingo (D)  
12:45 Sit & Be Fit  
1:30 Billboard Trivia