

Sun

Mon

Tue

Wed

Thu

Fri

Sat

November 2018

Sagepoint Senior Living Services
Adult Day Services - Special Needs Unit
10200 La Plata Road
La Plata, Maryland 20646
301.934.1900

1
10:00 Warm Towel
Hot Potato
12:45 Grace Lutheran
1:30 Sing Along
Tunes

2
10:00 5 Alive
12:45 Hand Rubs
1:30 Lights and
Sounds

3
10:00 B-I-N-G-O
12:45 Sit & Be Fit
1:30 Fact or Fiction?

NOTES:

5
10:00 5 Alive
12:45 Manicures
1:30 Laughter is the
Best RX

6
10:00 Bible Study
12:45 Moving and
Grooving Hand Over
Hand ROM
1:30 Balloon Swat

7
10:30 5 Alive
12:45 Short Stories
1:30 Colors and Sounds

8
10:00 Categories
12:45 Familiar Notes
1:00 DJ Dance Party

9
10:00 5 Alive
12:30 Short Stories
1:30 Music and Motion

10
10:00 B-I-N-G-O
12:45 Sit & Be Fit
1:30 Would you
Rather?

Birthstone
Citrine
Flower
Chrysanthemum

12
10:00 Hand over Hand
Basket Toss
12:45 Manicures
**1:30 United Praise
Team**

13
10:00 Bible Study
12:45 5 Alive
1:30 Laff - In

14
10:00 5 Alive
12:45 Tactile Textures
1:30 Name that Tune

15
10:00 Greeting the Day
12:45 Grace Lutheran
1:30 5 Alive

16
10:00 5 Alive
12:45 Over/Under
1:30 Follow Your Nose

17
10:00 B-I-N-G-O
12:45 Sit & Be Fit
1:30 Trivial Pursuit

Astrological Signs
Scorpio
Oct 22 - Nov 21
Sagittarius
Nov 22 - Dec 21

19
10:00 Port Tobacco
Play (R)
12:45 Manicures
1:15 Belly Laughs

20
10:00 Bible Study
12:45 Music Mayhem
1:30 Beach Ball Brawl

21
10:00 5 Alive
12:45 Short Stories
1:15 Birthday Party

22
**Happy
Thanksgiving**

23
**Eric M.
Birthday**
10:00 5 Alive
12:45 Balloon Swat
1:30 Tactile Textures

24
**Sherman M.
Birthday**
10:00 Jaycees
Bingo (D)
12:45 Sit & Be Fit
1:30 Billboard Trivia

Daily Events:
9:00 Breakfast
11:00 Lunch
12:00 News Review
2:00 Snack
2:30 Relaxation
3:00 Departure

26
10:30 Charles County
Show Troupe
12:45 Manicures
**1:30 United Praise
Team**

27
10:00 Bible Study
12:30 Hip Beats for
Young of Heart
1:30 Funny Bones

28
10:00 5 Alive
12:45 Hand over Hand
1:30 Familiar Melodies

29
10:00 Sorting
12:45 Grace Lutheran
1:30 Nostalgic
Matinee

30
**James B.
Birthday**
10:00 5 Alive
12:45 Balloon Swat
1:15 Linda on Keyboard