



**Sun**

**Mon**

**Tue**

**Wed**

**Thu**

**Fri**

**Sat**

**Astrological Signs**  
**Libra**  
Sept 22- Oct 21  
**Scorpio**  
Oct 22 - Nov 21

**1**  
10:00 5 Alive  
12:45 Manicures  
1:30 Laughter is the Best RX

**2**  
10:00 Bible Study  
12:45 Moving and Grooving Hand Over Hand ROM  
1:30 Balloon Swat

**3**  
10:30 5 Alive  
12:45 Short Stories  
1:30 Colors and Sounds

**4**  
10:00 Warm Towel Hot Potato  
12:45 Grace Lutheran  
1:30 Sing Along Tunes

**5**  
10:00 5 Alive  
12:45 Hand Rubs  
1:30 Lights and Sounds

**6**  
10:00 B-I-N-G-O  
12:45 Sit & Be Fit  
1:30 20 Questions

**Terrence W. & Alice J. Birthday**

**8 Harold M. Birthday**  
10:00 Hand over Hand Basket Toss  
12:45 Manicures  
**1:30 United Praise Team**

**9 Willie B. Birthday**  
10:00 Bible Study  
12:45 5 Alive  
1:30 Laff - In

**10**  
10:00 5 Alive  
12:45 Tactile Textures  
1:30 Name that Tune

**11**  
10:00 Categories  
12:45 Familiar Notes  
1:00 DJ Dance Party

**12**  
10:00 5 Alive  
12:30 Short Stories  
1:30 Music and Motion

**13**  
10:00 B-I-N-G-O  
12:45 Sit & Be Fit  
1:30 Wiki how....

**Birthstone**  
**Opal**  
**Flower**  
**Marigold**

**15**  
10:00 Port Tobacco Play (R)  
12:45 Manicures  
1:15 Belly Laughs

**16**  
10:00 Bible Study  
12:45 Music Mayhem  
1:30 Beach Ball Brawl

**17**  
10:00 5 Alive  
12:45 Short Stories  
1:15 Birthday Party

**18**  
10:00 Greeting the Day  
12:45 Grace Lutheran  
1:30 5 Alive

**19**  
10:00 5 Alive  
12:45 Over/Under  
1:30 Follow Your Nose

**20**  
10:00 B-I-N-G-O  
12:45 Sit & Be Fit  
1:30 Local Folklore

**21 Moses R. & Sherrie T. Birthday**

**22 Robert S. Birthday**  
10:00 Maestro Please  
12:45 Manicures  
**1:30 United Praise Team**

**23**  
10:00 Bible Study  
12:30 Hip Beats for Young of Heart  
1:30 Funny Bones

**24**  
10:00 5 Alive  
12:45 Hand over Hand  
1:30 Familiar Melodies

**25**  
10:00 Sorting  
12:45 Shake to the beat  
1:30 Nostalgic Matinee

**26**  
10:00 5 Alive  
12:45 Balloon Swat  
1:30 Tactile Textures

**27 Donna M. Birthday**  
10:00 Jaycees Bingo (D)  
12:45 Sit & Be Fit  
1:30 Person, Place, or Thing Trivia

**Daily Events:**  
9:00 Breakfast  
11:00 Lunch  
12:00 News Review  
2:00 Snack  
2:30 Relaxation  
3:00 Departure

**29 Curtis F. Birthday**  
10:00 Musical Melodies  
12:45 Manicures  
1:30 Story Time

**30**  
10:00 Bible Study  
12:30 Ball Pass  
1:30 Follow Your Nose

**31 Susan C. Birthday**  
10:00 5 Alive  
12:45 Hand over Hand  
1:15 Halloween Party!!

# October 2018

Sagepoint Senior Living Services  
Adult Day Services - Special Needs Unit  
10200 La Plata Road  
La Plata, Maryland 20646  
301.934.1900