

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<h1>September 2018</h1> <p>Sagepoint Senior Living Services Adult Day Services - Special Needs Unit 10200 La Plata Road La Plata, Maryland 20646 301.934.1900</p>						1 10:00 B-I-N-G-O 12:45 Sit & Be Fit 1:30 Charades
<u>Astrological Signs</u> Virgo Aug 22 - Sept 21 Libra Sept 22 - Oct 21	3 10:00 5 Alive 12:45 Manicures 1:30 Laughter is the Best RX	4 10:00 Bible Study 12:45 Moving and Grooving Hand Over Hand ROM 1:30 Balloon Swat	5 10:30 5 Alive 12:45 Short Stories 1:30 Colors and Sounds	6 10:00 Warm Towel Hot Potato 12:45 Sing Along Tunes 1:30 Timeslips	7 10:00 5 Alive 12:45 Hand Rubs 1:30 Lights and Sounds	8 10:00 B-I-N-G-O 12:45 Sit & Be Fit 1:30 Arm Chair Travels
9/9 Azeezah's Birthday Red Room (R) Events and Locations are Subject to Change Volunteers Visit Daily	10 10:00 Hand over Hand Basket Toss 12:45 Manicures 1:30 United Praise Team	11 10:00 Bible Study 12:45 5 Alive 1:30 Parachute Exercise	12 10:30 5 Alive 12:45 Tactile Textures 1:30 Name that Tune	13 10:00 Categories 12:45 Familiar Notes 1:30 Hand Massages	14 Olivet's Birthday 10:00 5 Alive 12:30 Short Stories 1:30 Music and Motion	15 10:00 B-I-N-G-O 12:45 Sit & Be Fit 1:30 Hangman
<u>Birthstone</u> Sapphire Flower Morning	17 10:30 Port Tobacco Play (R) 12:45 Manicures 1:15 Belly Laughs	18 10:00 Bible Study 12:45 Music Mayhem 1:30 Beach Ball Brawl	19 10:30 5 Alive 12:45 Short Stories 1:30 Colors and Sounds	20 10:00 Greeting the Day 12:45 5 Alive 1:30 Timeslips	21 10:00 5 Alive 12:45 Over/Under 1:30 Follow Your Nose	22 Sabrina D.'s Birthday 10:00 Jaycees Bingo (D) 12:45 Sit & Be Fit 1:30 Autumn Begins Trivia
<u>Daily Events:</u> 9:00 Breakfast 11:00 Lunch 12:00 News Review 2:00 Snack 2:30 Relaxation 3:00 Departure	24 10:00 Maestro Please 12:45 Manicures 1:30 United Praise Team	25 10:00 Bible Study 12:30 Hip Beats for Young of Heart 1:30 Parachute Exercise	26 10:00 5 Alive 12:45 Hand over Hand 1:30 Musical Melodies	27 10:00 Sorting 12:45 Patriotic Songs 1:30 Nostalgic Matinee	28 10:00 5 Alive 12:45 Balloon Swat 1:30 Tactile Textures	29 10:00 B-I-N-G-O 12:45 Sit & Be Fit 1:30 Hangman