

| Sun   | Mon  | Tue  | Wed  | Thu  | Fri  | Sat  |
|---|--|--|--|--|--|--|
| <h1>August 2018</h1> <p>Sagepoint Senior Living Services<br/>           Adult Day Services<br/>           10200 La Plata Road<br/>           La Plata, Maryland 20646<br/>           301.934.1900</p> |  |  | <b>1</b><br>10:00 Cooking Class<br>10:00 Trivia<br>11:00 Catholic Mass (R)<br>12:45 Reminiscing<br>1:15 Ball Brawl     | <b>2</b><br>10:00 B-I-N-G-O<br>12:45 August Trivialities<br>1:15 Putt Putt Challenge                 | <b>3</b><br><b>Cynnamon G Birthday</b><br>10:30 Clown Toss<br>12:45 Linda on Keyboard<br>1:15 Horse Racing       | <b>4</b><br><b>Tabatha C. Birthday</b><br>10:00 B-I-N-G-O<br>12:45 Sit & Be Fit<br>1:30 Charades                         |
| <b>Astrological Signs</b><br><b>Leo</b><br>July 20 - Aug 21<br><b>Virgo</b><br>Aug 22 - Sept 21   | <b>6</b><br>10:00 Balloon Volley<br>12:45 If I was...<br>1:15 Hip Beat Social                                      | <b>7</b><br>10:00 Crafts<br>12:45 Sing A-long<br>1:15 <b>Parachute Exercise</b>                      | <b>8</b><br><b>Matthew B. Birthday</b><br>10:00 Sit and Be Fit<br>12:45 This Day In Age...<br>1:30 Name that Tune      | <b>9</b><br>10:00 B-I-N-G-O<br>12:45 Timeless Trivia<br>1:15 Tea Party                               | <b>10</b><br>10:30 Team Bowling<br>12:30 Horse Racing<br>1:15 Spelling Bee                                       | <b>11</b><br><b>Helen B. Birthday</b><br>10:00 B-I-N-G-O<br>12:45 Sit & Be Fit<br>1:30 Arm Chair Travels                 |
| <b>Red Room (R) Events and Locations are Subject to Change</b><br><b>Volunteers Visit Daily</b>   | <b>13</b><br>10:30 Beach Ball Bounce<br>12:45 Proverbs<br><b>1:30 United Praise Team</b>                           | <b>14</b><br><b>Vernon R. Birthday</b><br>10:00 Table Games<br>12:45 Hot Potato<br>1:15 Rx: Laughter | <b>15</b><br>10:00 Cooking Class<br>10:00 Trivia<br>11:00 Catholic Mass (R)<br>12:45 Reminiscing<br>1:15 Chair Tai Chi | <b>16</b><br>10:00 B-I-N-G-O<br>12:45 I Spy...<br>1:15 Drive - In Movie                              | <b>17</b><br><b>Herman H. Birthday</b><br>10:30 Clown Toss<br>12:45 Horse Racing<br>1:15 Ice Cream Sundae Social | <b>18</b><br>10:00 B-I-N-G-O<br>12:45 Sit & Be Fit<br>1:30 Hangman   |
| <b>Birthstone</b><br><b>Peridot</b><br><b>Flower</b><br><b>Poppy</b>  | <b>20</b><br>10:00 Port Tobacco Players (R)<br>12:45 Current Events Reflections<br>1:15 Sooo Cliché                | <b>21</b><br>10:00 Crafts<br>12:45 "A" My name Is...<br>1:15 <b>Parachute Exercise</b>               | <b>22</b><br>10:00 Sit and Be Fit<br>12:45 Luau Party<br>1:15 Hawaiian Trivia  | <b>23</b><br>10:00 L.O.C. B-I-N-G-O (D)<br>12:45 Small Town Trivia<br>1:15 Popsicles and Reminiscing | <b>24</b><br><b>George T. Birthday</b><br>10:30 Team Bowling<br>12:45 Horse Racing<br>1:15 Shaved Ice Social     | <b>25</b><br><b>Brittany P. Birthday</b><br>10:00 Jaycees Bingo (D)<br>12:45 Sit & Be Fit<br>1:30 Famous Places & Spaces |
| <b>Daily Events:</b><br>9:00 Breakfast<br>11:00 Lunch<br>12:00 News Review<br>2:00 Snack<br>2:30 Relaxation<br>3:00 Departure   | <b>27</b><br>10:30 Indoor Soccer<br>12:45 Group Activity Satisfaction Discussion<br><b>1:30 United Praise Team</b> | <b>28</b><br>10:00 Table Games<br>12:30 Google Earth<br>1:30 Jingo                                   | <b>29</b><br>10:00 Cooking Class<br>10:00 Trivia<br>11:00 Catholic Mass (R)<br>12:45 Reminiscing<br>1:15 Penny Pitch   | <b>30</b><br>10:00 B-I-N-G-O (D)<br>12:45 Flower Arranging<br>1:15 Birthday Party                    | <b>31</b><br>10:30 Team Bowling<br>12:45 Horse Racing<br>1:15 When I was... Discussion                           | NOTES:<br><hr/> <hr/> <hr/> <hr/>  |